

DR FARAH AHMAD

PROFESSOR
COMMUNITY HEALTH SCIENCES/HEALTHCARE MANAGEMENT

MBBS, DCPS-HCSM, MCPS-HCSM, MSBE, CHPE, PHD FELLOW

Department of Community Health Sciences

PROFESSIONAL ASSOCIATIONS

- ASSOCIATE PROGRAM DIRECTOR-HEALTHCARE SYSTEMS MANAGEMENT, COLLEGE OF PHYSICIANS AND SURGEONS PAKISTAN
- REGISTERED PRACTITIONER, PAKISTAN MEDICAL & DENTAL COUNCIL
- GENERAL SECRETARY, IRTEQA WELFARE ORGANIZATION
- DIRECTOR, PEOPLE HEALTH SOLUTIONS (PVT) LIMITED

ADMINISTRATIVE & ACADEMIC ROLES

- PROGRAM INCHARGE HEALTHCARE MANAGEMENT
- ASSOCIATE DIRECTOR RESEARCH FOR UNDERGRADUATE PROGRAM
- CHAIRPERSON ASSESSMENT COMMITTEE
- MEMBER EXAMINATION VIGILANCE COMMITTEE

CURRENT RESEARCH FOCUS

My research interests lie at the intersection of school health, geriatric health, and health systems management. In the area of school health, I am committed to understanding how educational environments can serve as platforms for early health promotion, disease prevention, and the cultivation of lifelong wellness behaviors among children and adolescents.

My interest in geriatric health centers on improving the quality of life, functional independence, and clinical outcomes of older adults, with particular attention to the growing burden of chronic disease, cognitive decline, and the social determinants that shape aging populations. Through my passion for health systems management, I examine how healthcare organizations, policies, and resources can be structured, governed, and optimized to deliver equitable, efficient, and responsive care across all age groups.

PUBLICATIONS

- [Click to see the publications](#)