



ZIAUDDIN UNIVERSITY



NEWSLETTER

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EDITORIAL NOTE:

Welcome to Volume 13, Issue I
of the Ziauddin University Newsletter.

This edition highlights the achievements, events, collaborations, and initiatives that shaped the first half of 2026 across our faculties, campuses, and departments. From academic excellence and research advancements to student engagement and community impact, each feature reflects the dedication and collective spirit of the Ziauddin community.

We hope these highlights offer an inspiring glimpse into the progress, growth, and meaningful work taking place across the university.

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WHAT'S INSIDE

A QUICK LOOK AT THE STORIES, PEOPLE, IDEAS, AND MOMENTS FEATURED IN THIS EDITION.

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THE HIDDEN HUNT

Keep an eye out for hidden "Click Here" icons across the newsletter. Every click unlocks something new:

- bonus content
- fun campus facts
- hidden clues
- surprise messages

Can you find them all?



CAMPUS LIFE — — AT ZIAUDDIN

Life at Ziauddin University is fun too...

It's not just lectures and deadlines. It's the in-betweens, the small choices, and the everyday moments that make campus life what it is.



What's Happening

5 YEARS OF CELEBRATION – SUKKUR CAMPUS

Ziauddin University Sukkur Campus celebrated five successful years on 29 January 2026, marking an important milestone in academic and institutional growth. The event welcomed the Mayor of Sukkur, the Pro-Chancellor, and distinguished delegates, and featured keynote speeches, stage presentations, employee recognition awards, and highlights of the university's progress in research and education. The evening concluded with a vibrant concert by Jeem se Jaffer.



SPORTS MANIA 2026

Ziauddin University celebrated Sports Mania 2026 on 25 January, organized by the Sports Department. Students showcased outstanding teamwork, skill, and determination throughout the day, reflecting the university's commitment to promoting talent, holistic growth, and active campus engagement.



ZU DIALOGUE: "RELIGION, RESPECT, AND RESPONSIBILITY: FOSTERING INTERFAITH HARMONY FOR PAKISTAN'S BETTER FUTURE"

The PR & Communications Department of Ziauddin University organized the 26th Interactive Series of ZU Dialogues titled "Religion, Respect, and Responsibility: Fostering Interfaith Harmony for Pakistan's Better Future." The session brought together religious leaders, scholars, and community representatives to promote dialogue, mutual respect, and peaceful coexistence among diverse faith communities.

Prominent speakers included Reverend Fredrick John, Bishop of Karachi and Balochistan Diocese, Church of Pakistan; Tushnamaity Patel, Business Leader, Social Advocate, and Representative of the Parsi Community; Professor Manoj Chouhan, President, National Interfaith Harmony Council and Hindu Scholar; and Dr. Syed Muzaffar Hussain, Assistant Professor, Islamic Studies, Ziauddin University. The session was moderated by Dr. Sumaira Khawaja Punjwani, Principal, College of Nursing and Midwifery, Ziauddin University. During the session, speakers emphasized unity, ethical living, peace, and respect for all communities. Amir Shahzad, Convener, ZU Dialogues, welcomed the guests and highlighted the importance of dialogue in promoting harmony and coexistence in Pakistan.

The event concluded with remarks by Dr. Pamela Marshall, Dean, Faculty of Nursing & Midwifery, and Kermin Parekh, Academic Consultant, who emphasized the importance of shared responsibility, love, and continued dialogue in building lasting harmony.



VISIT OF FUTURE WORLD SCHOOL AND COLLEGE

Ziauddin University welcomed A2 students from Future World School and College for an interactive campus tour. Students explored advanced labs, research spaces, and learning facilities across Physical Therapy, Pharmacy, Veterinary, and Engineering, gaining valuable exposure to academic programs and practical learning experiences.



PLANTATION DAY

Ziauddin University Sukkur Campus organized Plantation Day on 3 February 2026, engaging program principals and staff members in a collective tree-planting activity across the campus.

The initiative reflected the university's commitment to sustainability, environmental awareness, and promoting a greener and healthier community while encouraging a culture of conservation and ecological responsibility.



FIRE & SAFETY AWARENESS SESSION

Ziauddin University Sukkur Campus, in collaboration with the Civil Defence Department Sukkur, organized a Fire & Safety Awareness Session on 4 February 2026. The session featured live demonstrations on fire control and emergency response, highlighting the university's commitment to safety, preparedness, and community well-being.



RED BULL – OFF THE ROOF

Ziauddin University, in collaboration with Red Bull - Off the Roof, hosted an energetic musical evening at Ziauddin Family Park on 6 February 2026. Live performances on the iconic Red Bull Bus stage created an exciting atmosphere and provided students with a memorable entertainment experience.



ZIAUDDIN UNIVERSITY AT MOUNTAIN SUPER LEAGUE HARIPUR

Ziauddin University collaborated with the Mountain Super League in Haripur, Hazara (KPK), by sponsoring shields for organizers, winners, and participants. The event promoted teamwork, discipline, youth empowerment, and healthy lifestyles while strengthening community engagement.



PANEL DISCUSSION ON “COUNTERING MISINFORMATION & DISINFORMATION THROUGH AUTHENTIC & RELIABLE SOURCES OF INFORMATION”

A consultative panel discussion on “Countering Misinformation & Disinformation through Authentic & Reliable Sources of Information” was held at Ziauddin University, Sukkur Campus, in collaboration with Goth Seengar Foundation under the theme “Right to Information Awareness – Know Your Right to Information.”

The session featured speakers including Wali Muhammad Bozdar, Dr. Saiqa Jalil, Nadeem Asghar Sheikh, Mr. Ibarat Ali, Engr. Umer Hassan, and Dr. Noor ul Ain Pirzada, who shared insights on identifying misinformation and the importance of relying on authentic sources. The discussion was moderated by Syed Javed Ali Shah and encouraged active participation from students and faculty members.

Held on 08 April 2026 at the Auditorium Hall of Ziauddin University Sukkur, the event promoted awareness regarding the responsible use of information.



PAKISTAN HINDU COUNCIL EXPO 2026

Ziauddin University participated in the Pakistan Hindu Council Job Fair & Education Expo 4.0 on 14 April 2026 at Karachi Expo Center. The university showcased its

diverse academic programs and engaged with aspiring students, guiding them toward informed educational and career choices.



MOU SIGNING WITH DEPD SUKKUR

Ziauddin University, Sukkur Campus, signed an MoU with DEPD Sukkur to strengthen the delivery of healthcare services, particularly in the fields of Physical Therapy and Clinical Psychology.

The agreement was signed by Mr. Abdul Qudoos Memon, Regional Director DEPD Sukkur, and Dr. Muhammad Usman Khan, Principal, Ziauddin College of Physical Therapy, Sukkur.

The Vice Chancellor, Prof. Dr. Muhammad Ali Shaikh, also attended the ceremony and shared his vision for the continued growth and development of Ziauddin University Sukkur.

The partnership aims to promote academic excellence, clinical training opportunities, community outreach, and evidence-based healthcare practices to improve health outcomes.



OATH CEREMONY BY THE STUDENT COUNCIL

The Oath Ceremony of the Ziauddin University Student Council 2026 marked the beginning of a new chapter of leadership, responsibility, and service. The event reflected the university's commitment to empowering students to lead with integrity and contribute positively to the community.



TRAINING SESSION - "FROM LAB TO SHELF: HOW FOOD INNOVATION ACTUALLY HAPPENS"

The training session "From Lab to Shelf: How Food Innovation Actually Happens" provided participants with valuable insights into the journey of food innovation, from laboratory research to industry application. The session highlighted the practical side of transforming ideas into real-world products.



AVICENNA SCHOOL FAIR

Ziauddin University participated in The Avicenna School Fair, engaging with students and sharing information about its academic programs and career pathways. The event served as an interactive platform to guide students toward informed educational and professional decisions.



THE 356TH ACADEMIC COUNCIL MEETING

The 356th Academic Council Meeting was convened for the first time at the Education City (EC) Site, marking an important step in academic governance and institutional growth. The meeting reflected the university's ongoing commitment to innovation, quality education, and academic excellence.



ICHR 2026 – DAY 1 & DAY 2

The two-day International Conference on Health Research (ICHR) 2026 at Rehman Medical Institute brought together researchers, academics, and healthcare professionals to discuss evidence-based practice and translational innovation.

Ziauddin University made a strong contribution to the conference, with Dean FAHS, Prof. Dr. Sumaira Imran Farooqui, actively participating and chairing the National Research Dialogue on Day 2 alongside Prof. Dr. Danish Ali Khan.

Faculty members including Dr. Muhammad Usman Khan, Dr. Fatima Hamza, and Dr. Fouzia Hussain presented their research during the scientific sessions, while Prof. Dr. Amna Aamir Khan represented the university through her presentation on technology-integrated neurorehabilitation.

The conference concluded with a gala dinner that encouraged collaboration, networking, and academic exchange.



FACULTY OF LAW SESSION AT THE AVICENNA SCHOOL



Ziauddin University's Faculty of Law, Politics & Governance conducted an interactive awareness session at The Avicenna School, highlighting academic pathways and career opportunities in the field. The session encouraged informed decision-making and inspired students to explore future academic opportunities.

NATIONAL CURRICULUM REVIEW COMMITTEE MEETING

Ziauddin University hosted the National Curriculum Review Committee Meeting for the Occupational Therapy Program, bringing together academic leaders for discussions on program standardization, outcome-based education, and curriculum innovation.



ZMC FACULTY & STAFF LUNCH

Ziauddin Medical College hosted an Eid Milan Lunch that brought faculty and staff together in the spirit of celebration and togetherness. The gathering reflected the warmth, connection, and joy of the Eid festivities within the ZMC family.



GRADUATION WEEK 2026

Graduation Week 2026 was a four-day celebration of achievement, growth, and shared success. Graduates, families, and faculty came together to celebrate important milestones and reflect on the journey of the graduating class.

The week captured moments of pride, gratitude, and connection as students prepared to begin a new chapter in their lives.



INDUSTRIAL VISIT TO GSK PAKISTAN

Students of Ziauddin University participated in an industrial visit to GSK Pakistan, where they explored pharmaceutical manufacturing, safety practices, QMS, supply chain management, and operational excellence through interactive sessions and a facility tour.

Special appreciation was extended to Ms. Nida Ghani for her valuable contribution and support in making the visit a meaningful learning experience for students.



FIRE SAFETY AWARENESS & PREVENTION SESSION

The Human Resources Department of Ziauddin University, in collaboration with K-Electric, organized a Fire Safety Awareness & Prevention Session to promote workplace and campus safety.

The session focused on fire prevention measures, emergency response procedures, and safety practices, reinforcing the importance of preparedness and creating a safer environment for the university community.



MOU SIGNING WITH HAUSER COLLEGE

Ziauddin University signed a Memorandum of Understanding (MoU) with Hauser College to establish a collaborative partnership focused on academic cooperation, knowledge exchange, and institutional development.

The partnership aims to create new opportunities for learning, innovation, and mutual growth while strengthening collaboration in higher education.



BURNOUT IS REAL:

How Students Are Dealing With It

NIRMAL KHAN

CONTENT EXECUTIVE, MARKETING DEPARTMENT

Burnout isn't just being tired after a long week. It is that constant feeling of being mentally drained, even when you haven't done "that much." A lot of students are quietly dealing with it while juggling classes, assignments, expectations, and everything happening outside university too. The pressure to always stay productive, keep grades up, and somehow have your life figured out can get overwhelming. And the truth is, more students are starting to admit that it is not sustainable to be "on" all the time.



What's changing, though, is how students are responding to it. Instead of pushing through exhaustion, many are choosing to pause and reset, whether that is taking short breaks during study sessions, setting more realistic goals, or simply logging off when things feel too much. There is also a growing shift toward talking about burnout openly with friends, which makes it feel less isolating. Small, intentional habits like going for a walk, getting enough sleep, journaling your thoughts, playing a sport, or even saying "no" to extra commitments can go a long way in restoring your energy and refocus.



At the same time, students are redefining what productivity actually means. It is no longer just about doing more. It is about doing things smartly in a way that does not cost your mental health. Some days, showing up and doing the bare minimum is still progress, and that mindset is slowly gaining acceptance. Burnout might be real, but so is the shift toward balance, awareness, and taking care of yourself without guilt, and that is a change worth holding onto.



The Academic Drop



FACULTY OF ALLIED HEALTH SCIENCES

ORIENTATION DAY 2026

Ziauddin University's Faculty of Allied Health Sciences successfully conducted Orientation Day for its Postgraduate Programmes. The event welcomed newly enrolled students, introduced academic leadership, and provided detailed insights into the curriculum, facilities, and academic resources to support a smooth start to their postgraduate journey.



ZIAUDDIN COLLEGE OF OCCUPATIONAL THERAPY AT WFOT INTERNATIONAL CONGRESS 2026

Ziauddin College of Occupational Therapy (ZCOT) proudly represented Pakistan at the World Federation of Occupational Therapists (WFOT) International Congress 2026 in Thailand through the participation of Principal, Ms. Neelum Zehra.

Ms. Neelum Zehra presented at the symposium "The Future of Occupational Therapy," highlighting the importance of innovation and modern developments in Occupational Therapy education. Her participation reflected ZCOT's growing academic and professional contribution at the international level while promoting collaboration, research, and global engagement within Pakistan's Occupational Therapy community.



NEUROLINGUISTIC SESSION FOR DOT STUDENTS

The College of Occupational Therapy, Ziauddin University, conducted a dynamic Neurolinguistic Session for Doctor of Occupational Therapy students on 13 January 2026. The session introduced practical neuro-linguistic principles and interactive learning approaches aimed at developing mindset, communication, and applied learning skills.



PRE-CONFERENCE WORKSHOP: "SENSORY ASSESSMENT IN PRACTICE – A HANDS-ON APPROACH"

Ziauddin University's College of Occupational Therapy, in collaboration with the Pakistan Paediatric Association, conducted the pre-conference workshop "Sensory Assessment in Practice: A Hands-On Approach" on 21 January as part of the 17th Paediatric Neurology Conference 2026.

Participants explored core principles of pediatric sensory assessment and gained practical experience in sensory evaluation techniques, reflecting the

university's commitment to excellence in clinical and applied education.



MIND & MATTER / ZIAPRENEUR 1.0

Ziauddin University's College of Physical Therapy hosted two student-driven events, "Mind & Matter: Behavioral Sciences in Action" and "ZiaPreneur 1.0: Igniting Ideas, Empowering Innovators, Shaping Bold Entrepreneurial Futures at Ziauddin," on 13 April 2026 at the Clifton Site.

Through skits, presentations, and student-led ventures, the events encouraged creativity, innovation, critical thinking, and entrepreneurship while promoting experiential and interdisciplinary learning.



MPHIL ORIENTATION 2026 – SUKKUR

Ziauddin College of Physical Therapy (ZCPT), Sukkur Campus, successfully conducted the Orientation Day for its newly launched MPhil in Physical Therapy programme, approved by the Higher Education Commission (HEC).

The ceremony was hosted by Dr. Rabia Mehboob, MPhil Coordinator. During the session, Dr. Muhammad Usman Khan, Principal, ZCPT Sukkur Campus, encouraged students to make the most of this academic opportunity and highlighted the programme's role in enhancing advanced clinical skills, research capabilities, and professional growth in the field of physical therapy.



WORKSHOP ON "NOVEL THERAPEUTIC APPROACHES FOR ABNORMAL MUSCLE TONE"

The College of Physical Therapy at Ziauddin University, in collaboration with the Pakistan Paediatric Association, conducted the pre-conference workshop "Novel Therapeutic Approaches for Abnormal Muscle Tone in Neurologically Impaired Children" on 21 January as part of the 17th Paediatric Neurology Conference 2026.

The workshop focused on hands-on assessment,

functional management, and individualized therapeutic interventions, reflecting the university's commitment to pediatric rehabilitation education and clinical practice.



PRE-CONFERENCE WORKSHOP: "INTEGRATING CARDIOPULMONARY REHABILITATION IN PEDIATRIC NEUROLOGICAL CARE"

The College of Physical Therapy at Ziauddin University, in collaboration with the Pakistan Paediatric Association, conducted the pre-conference workshop "Integrating Cardiopulmonary Rehabilitation in Pediatric Neurological Care" on 22 January as part of the 17th Paediatric Neurology Conference 2026. Participants gained practical exposure to assessment techniques, airway management, endurance training,

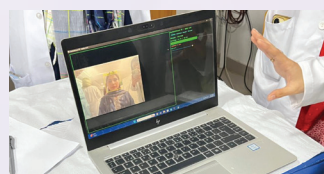
and functional integration, highlighting the university's focus on applied healthcare education.



STUDENT-LED EXHIBITION: INNOVATE TO REHABILITATE

Third-year Doctor of Physical Therapy (DPT) students at Ziauddin College of Physical Therapy organized a student-led exhibition titled "Innovate to Rehabilitate." The exhibition showcased innovative therapeutic solutions, digital rehabilitation devices, and cost-effective assistive aids, reflecting students' creativity, clinical knowledge, and commitment to enhancing patient care through evidence-based

rehabilitation practices.



MASTERING THE ART OF CARBOHYDRATE COUNTING: FROM PRACTICE TO CLINICAL CARE

The College of Human Nutrition and Dietetics organized an interactive workshop titled "Mastering the Art of Carbohydrate Counting: From Practice to Clinical Care" for undergraduate students.

The session focused on strengthening practical and clinical understanding of carbohydrate counting, equipping students with essential knowledge for effective dietary management in clinical settings.



ENGAGING VISIT FOR BS-HND STUDENTS TO HAPPY PALACE SCHOOL

The College of Human Nutrition and Dietetics organized an educational visit for BS-HND students to Happy Palace School, combining nutritional screenings with interactive awareness sessions.

The initiative aimed to promote healthy eating habits and nutrition awareness among children while providing students with practical community engagement experience.



MOU BETWEEN THE COLLEGE OF CLINICAL PSYCHOLOGY AND FEDERAL URDU UNIVERSITY



The College of Human Nutrition and Dietetics organized an educational visit for BS-HND students to Happy Palace School, combining nutritional screenings with interactive awareness sessions.

The initiative aimed to promote healthy eating habits and nutrition awareness among children while providing students with practical community engagement experience.

PRE-CONFERENCE WORKSHOP: "NEURODEVELOPMENTAL DISORDERS AND INTERVENTION STRATEGIES"

Ziauddin University's College of Clinical Psychology, in collaboration with the Pakistan Paediatric Association, hosted the pre-conference workshop "Neurodevelopmental Disorders and Intervention Strategies" on 22 January as part of the 17th Paediatric Neurology Conference 2026.

The workshop explored behavioral, therapeutic, and inclusive intervention strategies for children with neurodevelopmental disorders, reinforcing the university's focus on evidence-based education and clinical learning.



THIS OR THAT?

LIBRARY STUDY SESSIONS



CAFÉ CATCH UPS



GROUP STUDY



SOLO FOCUS



CAMPUS EVENTS



SPORTS TIME



NOTES ON PAPER



EVERYTHING ON YOUR PHONE



FRONT ROW ENERGY



BACKBENCH COMFORT



HOWEVER YOU SHOW UP, WE HAVE A PLACE FOR YOU.....





FACULTY OF HEALTH SCIENCES

ORIENTATION 2026

The Faculty of Health Sciences at Ziauddin University successfully conducted Orientation Day for its postgraduate students, introducing them to academic programmes, campus facilities, and professional standards. The event marked the beginning of a new academic journey and provided students with valuable guidance and support.



FHS AI TRAINING WORKSHOP

Ziauddin Medical College conducted a guest lecture titled "AI-Driven Healthcare: Clinical Reality, Responsibility and Readiness" on 13 January 2026.

The session explored the growing role of Artificial Intelligence in healthcare, focusing on responsible AI practices, regulatory considerations, and emerging healthcare technologies. The lecture encouraged interdisciplinary learning and meaningful academic discussion among participants.



TURNING PUBLISHED DATA INTO DECISIONS

The Department of Research, Faculty of Health Sciences, organized a one-day workshop titled "Turning Published Data into Decisions: A Systematic Review and Meta-analysis Approach."

The workshop brought together undergraduate and postgraduate students along with faculty members for hands-on training in systematic reviews, meta-analysis, literature searching, evidence synthesis, and the use of Rayyan and RevMan software for scientific research and manuscript development.



COLLEGE OF MOLECULAR MEDICINE – ORIENTATION DAY

Ziauddin University's College of Molecular Medicine welcomed its new BS Molecular Medicine batch on 30 January 2026 at the Clifton Site.

The Orientation Day featured addresses by university leadership, departmental introductions, and interactive student activities, including a Bake Sale and game stalls, creating an engaging start to the academic year.



1ST INTERNATIONAL CONFERENCE OF MOLECULAR MEDICINE IN HEALTHCARE – PRE-CONFERENCE WORKSHOPS

The 1st International Conference of Molecular Medicine in Healthcare commenced on 7 January 2026 at Ziauddin University, organized by the College of Molecular Medicine and the Department of Research. The pre-conference workshops provided participants with advanced bioinformatics tools and guidance on ethical manuscript preparation, promoting research-driven clinical excellence and academic growth.



1ST INTERNATIONAL CONFERENCE OF MOLECULAR MEDICINE IN HEALTHCARES

Ziauddin University successfully hosted the 1st International Conference of Molecular Medicine in Healthcare on 8 January 2026.

The conference brought together scholars, researchers, and healthcare professionals through expert sessions and academic discussions aimed at promoting interdisciplinary collaboration, research excellence, and scholarly exchange.



ARTIFICIAL INTELLIGENCE APPLICATIONS IN MEDICAL RESEARCH

Ziauddin University's College of Public Health conducted a workshop on "Artificial Intelligence Applications in Medical Research" on 17 January 2026.

The session brought together medical and public health researchers to explore the importance of AI in research and its role in supporting ethical, efficient, and innovative research practices.



PUBLIC HEALTH ORIENTATION

The College of Public Health at Ziauddin University welcomed new students during Orientation Day held on 7 February 2026 at the Clifton Site.

The programme included leadership addresses, departmental presentations, and student support briefings, providing students with a supportive and inspiring introduction to their academic journey.



1ST INTERNATIONAL CONFERENCE OF MOLECULAR MEDICINE

At the 1st International Conference of Molecular Medicine held on 7–8 January 2026, Prof. Dr. Afifa Razi from Ziauddin College of Dentistry presented research on repurposing antifibrotic drugs for Oral Submucous Fibrosis.

Her work earned 2nd Prize in the Poster Presentation category, highlighting the growing contribution of dentistry to biomedical research and innovation.



WORKSHOP ON MASTERING ORTHODONTIC BIOMECHANICS

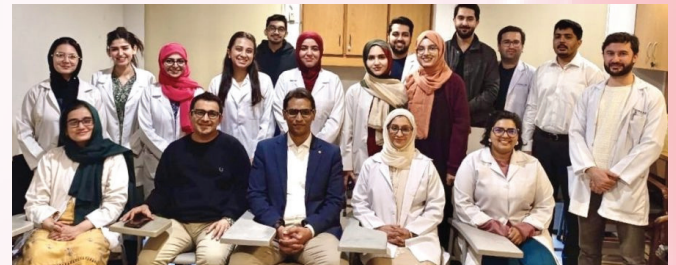
The Department of Orthodontics at Ziauddin College of Dentistry organized a hands-on workshop titled "Mastering Orthodontic Biomechanics" on 8 January 2026.

The workshop was led by renowned facilitator Dr. Waqar Jeelani, Professor of Orthodontics at Bakhtawar Amin Medical College, under the leadership of Course Director, Dr. Sarwat Memon, Professor and Head of Orthodontics at Ziauddin College of Dentistry.

The session focused on bridging theoretical orthodontic concepts with clinical application. Participants, including house officers, faculty members, and postgraduate trainees, received practical training in wire-bending techniques and biomechanical systems, including cantilever one-couple systems, detorquing loops, and modified molar mesialisation loops.

The workshop provided valuable clinical exposure and reflected Ziauddin University's commitment to

advancing postgraduate dental education and clinical excellence.



ORAL HEALTH EDUCATION SESSION – HAPPY HOME SCHOOL

The Community Dentistry Department of Ziauddin College of Dentistry conducted an oral health education session at Happy Home School on 12 November 2025.

Children actively participated in learning essential oral hygiene practices through interactive videos and hands-on guidance, reflecting the university's commitment to preventive healthcare and community education.



ORAL HEALTH EDUCATION SESSION – BAY VIEW HIGH SCHOOL

The Community Dentistry Department of Ziauddin College of Dentistry organized an oral health awareness session at Bay View High School on 15 January 2026.

The session included interactive demonstrations and awareness activities focused on proper brushing techniques and healthy eating habits, promoting preventive oral healthcare among students.



BDS ORIENTATION DAY

At the 1st International Conference of Molecular Medicine held on 7–8 January 2026, Prof. Dr. Afifa Razi from Ziauddin College of Dentistry presented research on repurposing antifibrotic drugs for Oral Submucous Fibrosis. Her work earned 2nd Prize in the Poster Presentation category, highlighting the growing contribution of dentistry to biomedical research and innovation.



1ST YEAR MBBS COMMENCEMENT DAY

Ziauddin Medical College conducted the Orientation Day for 1st Year MBBS Batch 31 at the Clifton Site.

The programme introduced students to the academic structure, university departments, and institutional policies through leadership addresses and departmental presentations, providing a well-informed start to their medical education journey.



SCHOOL OUTREACH VISIT

The Department of Community Dentistry at Ziauddin University organized a school outreach visit at Boat Basin School to promote oral health awareness among schoolchildren.

The activity included dental check-ups, oral hygiene awareness sessions, and distribution of Colgate kits, while also providing practical learning exposure to BDS Batch 16 students.



BRIDGING SCIENCE, INNOVATION, AND ENTREPRENEURSHIP AT ZIAUDDIN UNIVERSITY

Students from the College of Molecular Medicine visited Plant Life Laboratory to gain practical exposure to plant tissue culture and modern biotechnology techniques.

The visit provided valuable hands-on learning experience, encouraged research-driven thinking, and inspired innovation and entrepreneurship within the field of molecular medicine.



CELL CULTURE: FROM BASICS TO CLINICAL APPLICATIONS

The College of Molecular Medicine, in collaboration with the Department of Research, organized a one-day hands-on workshop titled "Cell Culture: From Basics to Clinical Applications" on 25 May 2026.

The workshop provided participants with practical exposure, technical knowledge, and experiential learning opportunities in cell culture techniques and translational research applications.



LECTURE & IN SILICO LAB SESSION

Ziauddin University, in collaboration with the Pakistan Institute of Living and Learning (PILL), organized a lecture and in silico lab session titled "Defining Disease Through Biomarkers: From Multiple Sclerosis to Cancer Detection."

The session brought together faculty members, students, and researchers to explore the role of biomarkers in disease understanding, diagnosis, and early detection, while encouraging discussions on emerging developments in medical and translational research.



Women at ZIAUDDIN UNIVERSITY

Women are everywhere across Ziauddin University, from classrooms to clinics to leadership spaces. They are not just part of the system, they are actively learning, leading, and shaping the future every day.

Their contribution continues to grow across disciplines.



**DR. AIJAZ
FATIMA**

Founder - Dr. Ziauddin Hospital &
Ziauddin University



**PROF. DR.
NIDA
HUSSAIN**

Pro-Chancellor – Ziauddin University

A growing representation of women continues to define the academic culture at Ziauddin University.



FACULTY OF ENGINEERING, SCIENCE, TECHNOLOGY AND MANAGEMENT

MBA CLIFTON ORIENTATION 2026

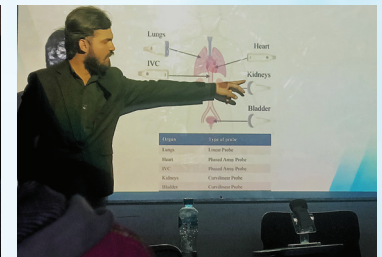
Ziauddin University's Faculty of Allied Health Sciences successfully conducted Orientation Day for its Postgraduate Programmes. The event welcomed newly enrolled students, introduced academic leadership, and provided detailed insights into the curriculum, facilities, and academic resources to support a smooth start to their postgraduate journey.



WORKSHOP ON ULTRASOUND IMAGING

The Department of Biomedical Engineering at Ziauddin University organized a workshop on Ultrasound Imaging on 22 November 2025.

The workshop engaged Biomedical Engineering students in both theoretical and practical sessions, enhancing their understanding of modern ultrasound technology and its applications in clinical and biomedical settings.



SESSION ON "ADVANCED RESEARCH SEARCH TECHNIQUES AND REFERENCE MANAGEMENT USING ZOTERO"

Ziauddin University's College of Management Sciences hosted a guest session on "Advanced Research Search Techniques and Reference Management Using Zotero" on 07 March 2026.

The interactive session equipped students with practical research and reference management skills, reflecting the university's continued commitment to academic excellence and research development.



GUEST SPEAKER SESSION – POWER BI AND DATA ANALYTICS

The College of Management Sciences at Ziauddin University organized a Guest Speaker Session on "Power BI and Data Analytics" on 25 April 2026 at ZUFESTM, North Site.

The session provided participants with practical exposure to the evolving field of data analytics through expert insights, interactive discussions, and industry-oriented learning experiences, reinforcing the university's focus on innovation and professional development.





FACULTY OF NURSING & MIDWIFERY

ASSISTIVE SUPPORT PROGRAM FOR PERSONS WITH DISABILITIES

The Faculty of Nursing & Midwifery, in collaboration with VCare, organized an Assistive Support Program for Persons with Disabilities in Kausar Niazi Colony. During the first phase, 20 beneficiaries received assistive devices, including wheelchairs, walkers, hearing aids, and special beds. The distribution was attended by Chief Guest Mr. Farman Ahmed and aimed to improve mobility, independence, and quality of life for individuals with disabilities.



COMMUNITY STAKEHOLDERS MEETING

A community stakeholders meeting was successfully conducted by ZUFONAM in collaboration with Vcare on 31 March 2026. The session focused on Eid celebrations, introduced Vcare's ongoing initiatives, and discussed future plans for community development, with special attention to elderly welfare. The meeting strengthened coordination between both organizations to enhance collective community support. The event concluded with a lunch hosted by Vcare.



MEMORANDUM OF UNDERSTANDING (MOU) SIGNING WITH VCARE AND IRD ORGANIZATIONS

In February 2026, Ziauddin University entered into strategic partnerships with VCare and IRD Organizations through the signing of Memorandums of Understanding (MoUs). Formal MoU signing ceremonies were conducted with both organizations, signifying a shared commitment to advancing community development and public health initiatives.

The agreements establish a collaborative framework for a period of two years, during which Ziauddin University and its partner organizations will jointly design, implement, and monitor a range of community-based projects. These initiatives will focus on addressing key health, education, and social development challenges within underserved communities.

The partnerships are expected to enhance institutional outreach, strengthen community engagement, and facilitate the effective utilization of resources and expertise from all participating organizations. Through these collaborations, Ziauddin University reaffirms its commitment to creating sustainable community impact and fostering meaningful partnerships that contribute to the well-being and development of the populations it serves.

The successful execution of these MoUs marks an important milestone in expanding collaborative opportunities and promoting evidence-based interventions for community empowerment and development.



COMMENCEMENT DAY 2026

The Faculty of Nursing & Midwifery at Ziauddin University hosted its Commencement Day 2026, marking the beginning of a new academic journey for incoming students.

The event featured addresses by academic leadership, student participation, and institutional presentations, reflecting the faculty's commitment to discipline, professionalism, and academic excellence.



MEDICAL CAMP IN COLLABORATION WITH VCARE AND ESSA LAB

The Faculty of Nursing & Midwifery and VCare, in collaboration with Essa Lab, organized a free Medical Camp on 7 March 2026 to provide essential healthcare services to the surrounding community.

Services included medical check-ups, BMI assessments, vital signs monitoring, and laboratory testing. Despite a shortened schedule during Ramadan, the camp successfully served 65 patients and promoted greater access to basic healthcare services.



HEALTH GALA: "100 DAYS THAT SHAPE A LIFETIME – MATERNAL HEALTH & NEWBORN CARE"

The BSN Year III students organized a Health Gala under the theme "100 Days that Shape a Lifetime: Maternal Health & Newborn Care" on 23 April 2026.

The event featured health education sessions, play therapy activities, face painting, and community engagement initiatives focused on maternal and newborn health. Residents of Kausar Niazi Colony and students from nearby schools actively participated, making the gala a successful community awareness initiative.



STUDENT-LED WORKSHOP: DEVELOPING COMPETENCY IN TABLE OF SPECIFICATION AMONG NURSING FACULTY

A student-led workshop on "Developing Competency in Table of Specification (TOS) Among Nursing Faculty" was held at the Faculty of Nursing & Midwifery on 24 April 2026.

The session was conducted by MSN scholars Ms. Sofia Mansoor and Mr. Ghulam Murtaza, and facilitated by Ms. Rozina Jalaluddin.

Focusing on the alignment of learning objectives with assessment strategies and the development of structured test plans, the workshop enhanced participants' understanding of valid and reliable assessment practices. A total of eleven faculty members attended the session.



SESSION ON EXPANDED PROGRAM ON IMMUNIZATION (EPI) AWARENESS AND COMMUNITY OUTREACH

At the Dr. Aijaz Fatima Community Clinic, a training session was conducted on 24 April 2026 for CHN community group students through the EPI Officer.

The session covered key topics including the immunization program, cold chain system, vaccine dosages, routes of administration, and disease-specific vaccines. Students were also guided on current vaccination campaigns and proper filling of the EPI card.

After the session, students visited the community to spread awareness and encourage the public to support and not refuse vaccination teams. To conclude, the session proved highly beneficial in strengthening both knowledge and community health education skills.



ZU GIRLS INTER-DEPARTMENTAL THROWBALL CHAMPIONSHIP 2026



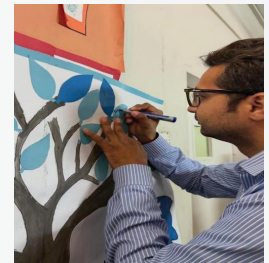
The Sports Department of Ziauddin University organized the Girls Inter-Departmental Throwball Championship on 25 April 2026 at Family Park.

Students from the faculty actively participated and demonstrated excellent teamwork, determination, and sportsmanship throughout the tournament. The event promoted physical fitness, healthy competition, and student engagement, concluding with a prize distribution ceremony.

INTERNATIONAL NURSES DAY WEEK 2026

DAY 1: A VIBRANT BEGINNING

The celebrations began on 4 May 2026 with interactive stalls, including a nursing-themed photo booth, gratitude wall, mental health awareness activities, and engaging games. The event encouraged student participation and created a vibrant atmosphere across the campus.



DAY 2: EXPRESSION & INSIGHT

Organized by the Student Council of the Faculty of Nursing & Midwifery, the second day featured theatre performances highlighting nursing experiences, a debate on "Nurses vs Artificial Intelligence," and a motivational session on "Empower Nurses, Save Lives."



DAY 3: INTERNATIONAL NURSING & MIDWIFERY CONFERENCE

On 7 May 2026, students participated in the 2nd International Nursing and Midwifery Conference organized by PILL in collaboration with the Faculty of Nursing & Midwifery.

Students presented their research through oral and poster presentations under the theme "Our Nurses, Our Future: Empowered Nurses Save Lives," showcasing evidence-based ideas and innovative approaches to healthcare.



DAY 4: BADGE DISTRIBUTION CEREMONY

The Student Council visited Ziauddin Hospital North Nazimabad Campus on 8 May 2026 and distributed appreciation badges to nursing staff in recognition of their dedication, compassion, and contribution to patient care.



WORKSHOP: HEALTH PROMOTION THROUGH SMART BODY MECHANICS TRAINING IN CLINICAL PRACTICE

A workshop titled "Health Promotion through Smart Body Mechanics Training in Clinical Practice" was organized for GBSN 2nd Year students on 5 May 2026.

The session focused on safe patient handling techniques, prevention of work-related musculoskeletal disorders, and practical demonstrations of patient repositioning, lifting, and transfer techniques. Through interactive learning and hands-on activities, students strengthened their clinical skills and understanding of safe nursing practices.



WORKSHOP: ENHANCING FACULTY ASSESSMENT SKILLS – DEVELOPING QUALITY MCQS AND SAQS

The Faculty of Nursing & Midwifery conducted a workshop titled "Enhancing Faculty Assessment Skills: Developing Quality MCQs and SAQs" on 8 May 2026.

Facilitated by Ms. Rozina Jalaluddin and MSN scholars Marout Arif, Cheryl K. Baroi, Mehwish Khan, and M. Qasim Razzaq Bhatti, the workshop focused on assessment design, Bloom's Taxonomy, item-writing techniques, and quality assurance in examinations. The session was attended by 18 faculty members from ZUFONAM and Karachi Adventist Hospital School of Nursing.



INTERNATIONAL NURSES DAY CELEBRATION 2026

The Faculty of Nursing & Midwifery celebrated International Nurses Day on 12 May 2026 with distinguished guests, including the Vice Chancellor.

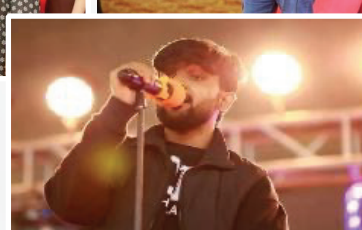
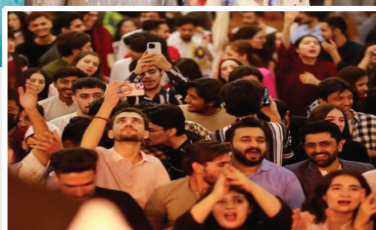
The event featured a panel discussion, theatre performance, and an inspiring session highlighting the professional journey and achievements of Dr. Sumaira Khowaja Punjwani. The celebration also included the Lamp Lighting Ceremony for first-year students, symbolizing their commitment to the nursing profession.



NEON NIGHT

The Student Council of Nursing & Midwifery, in collaboration with the Office of Student Affairs, organized Neon Night under the theme "Lights On, Worries Off!" on 13 February 2026 at the Faculty of Nursing & Midwifery Ground, North Site.

The event featured live singing, guitar performances, recreational activities, and vibrant neon-themed décor, providing students with a fun and engaging platform for relaxation, social interaction, and extracurricular involvement.





FACULTY OF LIBERAL ARTS & HUMAN SCIENCES

FINAL YEAR THESIS JURY – ZCOMS

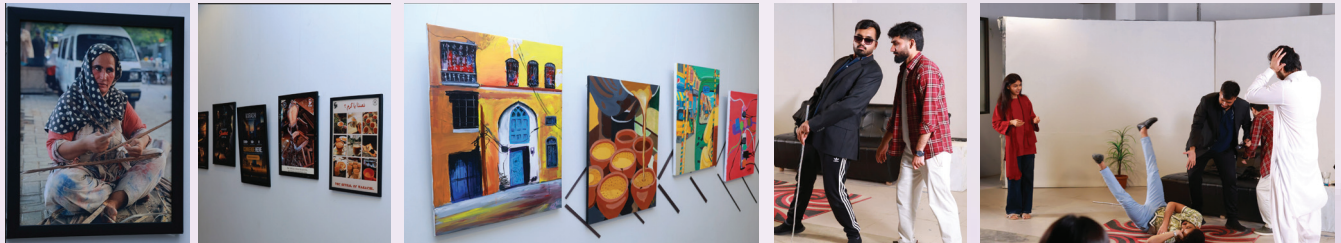
The College of Media Sciences (ZCOMS), Ziauddin University, marked an important academic milestone on 13 January 2026 as final-year research scholars presented their theses before an expert jury.

The session encouraged critical discussion, scholarly evaluation, and academic engagement, reflecting the university's commitment to research integrity, intellectual growth, and academic excellence.



BAYAAN ART FESTIVAL 2026

Ziauddin College of Media Science hosted Bayaan Art Festival 2026 on May 15, a dynamic celebration of creativity and artistic expression. The festival brought together talented students, passionate artists, and creative voices for a vibrant celebration of art and media culture. It featured powerful exhibitions, thought-provoking artworks, striking photography, imaginative design pieces, energetic music performances, and engaging film presentations that reflected stories of urban life, memory, and belonging.



MOU WITH THE PROJECT MANAGEMENT UNIT – BALOCHISTAN EDUCATION SUPPORT PROGRAM

Ziauddin University signed a Memorandum of Understanding (MoU) with the Project Management Unit – Balochistan Education Support Program, School Education Department (SED), Government of Balochistan, to strengthen access to quality education opportunities.

Under the Female Teacher Education Scholarship Program (Four-Year B.Ed.), students from across Balochistan will pursue their studies at Ziauddin University in Karachi.

The collaboration reflects a shared commitment to educational empowerment, inclusion, and the promotion of female education and equal opportunities for aspiring educators across the province.



HOW TO BUILD A CV WHEN YOU HAVE NO EXPERIENCE?



Making your first CV can feel stressful, especially when you think you do not have enough experience. But the good news is that you do not need a job history to begin. A strong profile is not only about jobs or internships. It is about showing your skills, interests, experiences, and willingness to learn and grow.

You can include things like class projects, presentations, volunteering, workshops, student societies, online courses, and university events. Even simple skills like teamwork, communication, creativity, and managing your time are important. The goal is to show what you have learned, what you are interested in, and how involved you are.

It does not have to be perfect. Keep it simple, clear, and updated as you learn new things. Every small experience adds value and helps you grow. The first step is just getting started.



FACULTY OF LAW, POLITICS & GOVERNANCE

GUEST LECTURE WITH BARRISTER NAEEM SHAHID

The Faculty of Law, Politics & Governance at Ziauddin University hosted a guest lecture featuring Barrister Naeem Shahid, Head of Legal at Pak Arab Refinery Limited (PARCO).

During the session, Barrister Naeem Shahid shared valuable insights from his professional journey and discussed various career pathways within the legal profession. He also offered practical guidance and thoughtful perspectives to help aspiring lawyers build successful legal careers.



WORKSHOP BY THE SINDH OMBUDSMAN AT ZIAUDDIN UNIVERSITY

The Faculty of Law, Politics & Governance at Ziauddin University hosted a guest lecture featuring Barrister Naeem Shahid, Head of Legal at Pak Arab Refinery Limited (PARCO).

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BRAND AMBASSADOR PROGRAM

Our ten selected student ambassadors participated in the Follow-Up Session of the Brand Ambassador Program held at the office of the Sindh Ombudsman on 22 April 2026.

The session reflected the university's commitment to student engagement, leadership development, and meaningful representation through collaborative learning opportunities.





FACULTY OF VETERINARY AND ANIMAL SCIENCES

EDUCATIONAL VISIT TO SABIR'S HATCHER (MAKERS OF SABROSO)

On April 6, 2026, 4th-year DVM students of Ziauddin University visited Sabir's Hatchery, makers of Sabroso. The visit provided valuable firsthand exposure to modern hatchery management, biosecurity practices, and professional operations, offering meaningful industry insight for future veterinarians.



WORLD VETERINARY DAY 2026

The Faculty of Veterinary and Animal Sciences celebrated World Veterinary Day 2026, recognizing the dedication and contributions of veterinarians in advancing animal health, welfare, and public well-being. The event highlighted the vital role veterinary professionals play in caring for animals and strengthening the relationship between human, animal, and environmental health.



DOCTOR OF VETERINARY MEDICINE ORIENTATION DAY

Ziauddin University's Faculty of Veterinary & Animal Sciences conducted the DVM Orientation on Thursday, 12th February 2026, at the Abul Hassan Jaffery Auditorium, Clifton. The session featured addresses from distinguished leadership and detailed departmental briefings, reflecting the University's commitment to academic excellence, professional development, and student support. The new batch was warmly welcomed as they begin their academic journey.





FACULTY OF PHARMACY & PHARMACEUTICAL SCIENCES

ORIENTATION DAY – PHARM.D (BATCH XXII) & BS COSMETIC SCIENCE (BATCH III)

The Ziauddin University conducted the Orientation Day for Pharm.D Batch XXII and BS Cosmetic Science Batch III at the Clifton Site. The session included leadership addresses, departmental presentations, and insights from professionals in pharmaceutical regulation and healthcare. The orientation reflected the University's commitment to academic excellence, holistic student development, and professional preparedness. The new batch was welcomed with best wishes for a successful academic journey.



ORIENTATION DAY – SUKKUR CAMPUS (COLLEGE OF PHARMACY)

At the Sukkur Campus, the College of Pharmacy held its Orientation Day, welcoming incoming students into a culture of learning, unity, and academic purpose. The session emphasized institutional values, student integration, and the beginning of a focused academic journey for future pharmacists.



SESSION ON "REGULATORY AFFAIRS: SCOPE, SKILLS & INTERVIEW SUCCESS"

The College of Pharmacy organized an insightful session on "Regulatory Affairs: Scope, Skills & Interview Success" on 31st March 2026. Students gained practical exposure to industry requirements, essential career skills, and interview preparation strategies, highlighting the University's focus on professional readiness and industry-aligned learning.



GLOBAL COSMETOLOGY FRONTIER: BRIDGING CLINICAL EXCELLENCE, INDUSTRIAL INNOVATION & INTERNATIONAL OUTREACH

The College of Pharmaceutical Sciences hosted this event on April 3, 2026. The session brought together students and industry professionals to explore clinical advancements, cosmetic innovation, and international collaboration opportunities, encouraging knowledge sharing and forward-looking perspectives in the field of cosmetology.



SESSION: "OPPORTUNITIES BEYOND THE PHARMACY COUNTER"

The Faculty of Pharmacy & Pharmaceutical Sciences conducted an engaging session on "Opportunities Beyond the Pharmacy Counter," which broadened students' understanding of diverse career paths, professional growth opportunities, and emerging roles in the pharmaceutical industry.



CAREER CONNECT 2026

Organized at the Educational City Campus, Career Connect 2026 by the Faculty of Pharmacy & Pharmaceutical Sciences brought together national and international pharmaceutical companies for student interaction, internships, and job interviews. The event provided valuable career opportunities and meaningful industry engagement for future pharmacists.



GRADUATION WEEK 2026



**"THIS IS JUST THE BEGINNING,
A BRIGHTER FUTURE AWAITS....."**



**You're building
something bigger.**



This is just the beginning.



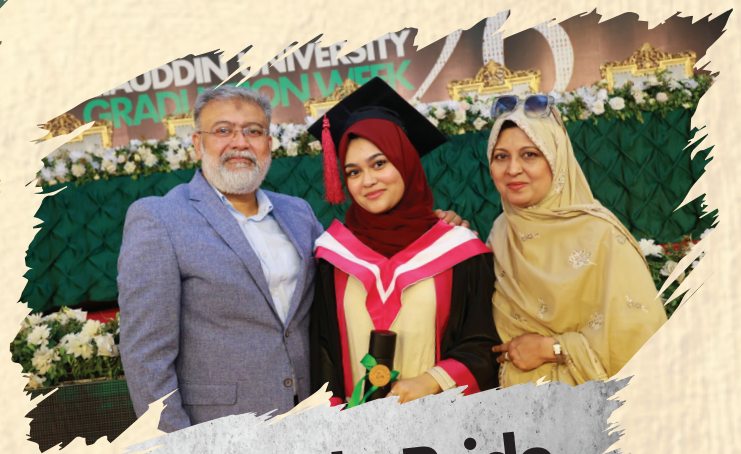
**Where you are is not
where you'll stay.**

More than a ceremony. A moment that stays with you.

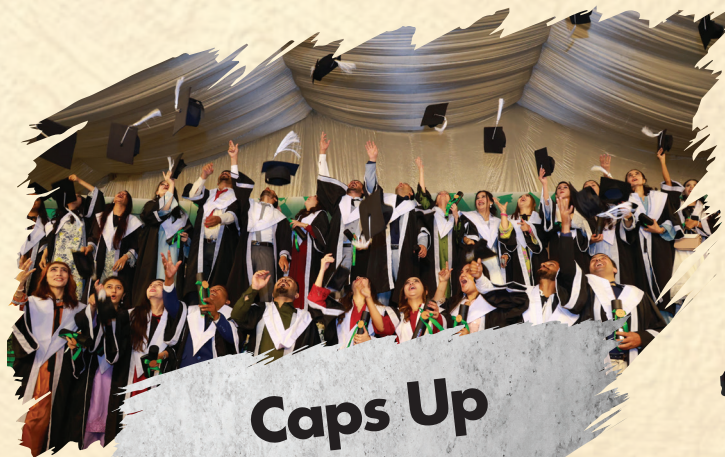
HIGHLIGHTS FROM THE WEEK



Proud Moment



Family Pride



Caps Up



Shared Smiles



New Beginnings

A collective "we did it" across campuses



VOICES OF THE GRADUATES



ALISHBA KHAN

WHAT DID THIS MOMENT FEEL LIKE FOR YOU?

Honestly, surreal. It felt like everything just paused for a second, and all the hard work finally made sense.



AREESH AHMED

ONE WORD TO DESCRIBE YOUR JOURNEY?

Transformative.



ALISHBA RAZA

WHAT WILL YOU MISS THE MOST?

The people. Late-night study sessions, random conversations, and just being around friends every day.



HIBA AHMED

WHAT'S NEXT FOR YOU?

Figuring things out, step by step, but with a lot more confidence now.



DANIYAL KHAWAR

ONE MESSAGE TO YOUR FIRST-YEAR SELF?

Relax, you'll get through it. And enjoy it more.

Operational Updates And Institutional Activities



PATIENT AND PUBLIC INVOLVEMENT & ENGAGEMENT (PPIE)

PKLI&RC INTERNATIONAL SYMPOSIUM 2026 – LAHORE

On 14 February 2026, Dr. Arishay Hussaini and Dr. Timo Tolppa delivered a talk at the PKLI&RC International Symposium 2026 on the importance of democratizing research through Patient and Public Involvement and Engagement (PPIE).

Drawing on experiences from Ziauddin University, they emphasized PPIE as a movement to make research and clinical practice more accessible and understandable for patients. The session highlighted the core message: research should be made understandable to patients, not the other way around.

The talk was attended by coordinators and patient, family, and public representatives from PPIE groups at PKLI&RC and SKCMH&RC. The session also provided an opportunity to engage with active PPIE advocates working across Pakistan.



INTRODUCTION TO PPIE – SIDH&RC



On 14 February 2026, Dr. Arishay Hussaini and Dr. Timo Tolppa delivered a talk at the PKLI&RC International Symposium 2026 on the importance of democratizing research through Patient and Public Involvement and Engagement (PPIE).

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SPORTS DEPARTMENT ZIAUDDIN UNIVERSITY

ZU BOYS CRICKET CHAMPIONSHIP 2026

The Ziauddin University Boys Cricket Championship 2026 was held on 9th and 10th May 2026.

The two-day event brought together strong participation, competitive matches, and high energy on the field. Players showcased teamwork, sportsmanship, and a passion for cricket throughout the championship. The event reflected a vibrant campus sports culture and student enthusiasm.





STUDENT COUNCIL OF MEDICAL TECHNOLOGY

ENTREPRENEURSHIP EXHIBITION

Ziauddin University hosted a vibrant Entrepreneurship Exhibition on 26 April 2026, organized by the Student Council of Medical Technology.

Students showcased innovative and health-focused entrepreneurial ideas, including gluten-free brownies and specially designed medical wear such as posture-support lab coats. The exhibition highlighted creativity, practical thinking, and a strong spirit of innovation and entrepreneurship among students.



ALUMNI / EXTERNAL COLLABORATIONS

MOU WITH VOLTAIC POWER (PVT.) LTD.

Ziauddin University signed a Memorandum of Understanding on 18 February 2026 with Voltaic Power (Pvt.) Ltd. The collaboration establishes a non-exclusive framework to promote clean, reliable, and affordable solar energy solutions across the University community. The partnership aligns with the University's commitment to innovation, sustainability, and environmentally conscious practices.



MOU WITH THE DEFT CREW

Ziauddin University signed an MoU with The Deft Crew to enhance student opportunities through internships, discounts, and industry engagement. The collaboration reinforces the University's focus on academic excellence, innovation, and career-oriented professional development.





OFFICE OF RESEARCH, INNOVATION AND COMMERCIALIZATION (ORIC)

CPSP RESEARCH WORKSHOP

Ziauddin University ORIC Department, in collaboration with CPSP and ACCME, conducted the pre-conference workshop "From Classroom to Scholarship: A Faculty Development Workshop on Qualitative Research Skills" on 16th January. The session focused on strengthening faculty capacity in qualitative research through expert-led, interactive learning.



WORKSHOP ON "ACCELERATING RESEARCH COMMERCIALIZATION ECOSYSTEMS"

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ORIC STEERING COMMITTEE MEETING



The ORIC Steering Committee meeting was held on 15 April 2026. The session reviewed ongoing research initiatives, discussed progress, and reinforced strategic directions to further strengthen innovation, research output, and institutional development.

MOU WITH FOSPAH

Ziauddin University signed a Memorandum of Understanding with the Federal Ombudsman Secretariat for Protection Against Harassment (FOSPAH). The collaboration aims to strengthen awareness, prevention, and support systems to ensure a safe, inclusive, and respectful learning environment.



MOU WITH PROGRESSIVE CLIMATE FOUNDATION

Ziauddin University signed an MoU with the Progressive Climate Foundation, marking a commitment to climate action. The partnership focuses on promoting sustainability, innovation, and environmental responsibility.



MOU WITH WOMENZA PAKISTAN



Ziauddin University signed an MoU with Womenza Pakistan on 24th April 2026. The collaboration reflects a shared commitment to empowerment, innovation, and creating meaningful opportunities through future-focused initiatives.



KNOWLEDGE & BEYOND...



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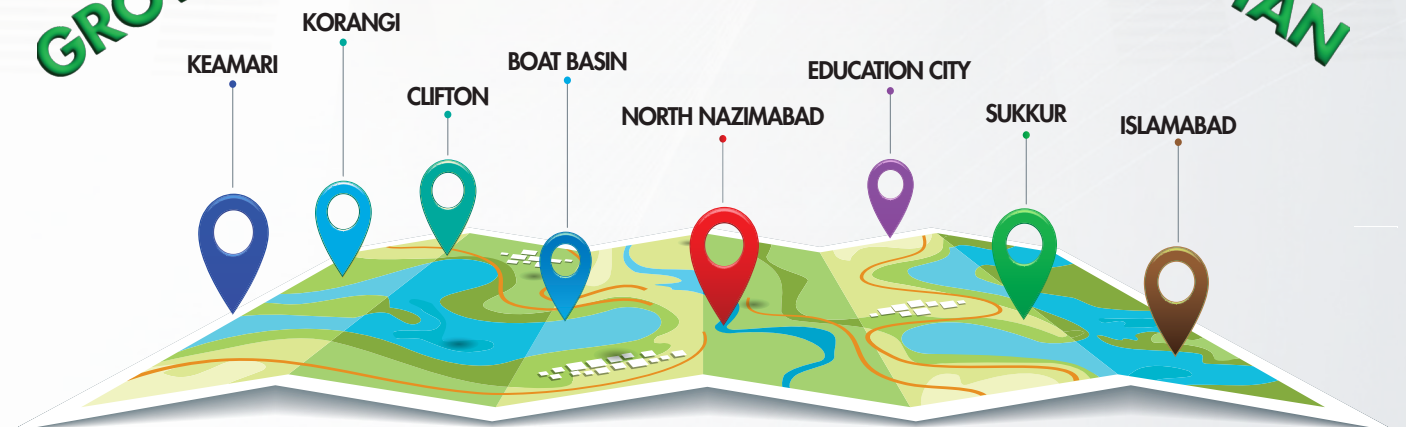


YouTube



LinkedIn

GROWING OUR PRESENCE ACROSS PAKISTAN



FOR FURTHER INFORMATION

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